

EXCERPTS FROM BELOVED MIGHTY ARIES' DISCOURSE
Through Mrs. G. W. Ballard
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The Four Elements of Creation are the varying Activities and Condensation of the Mighty Activities of the Sacred Fire in the Great Central Sun, and the difference in the Service which each Element renders is determined by the Cosmic Beings Who govern mankind's embodiment in this World.

Your Beloved Virgo, in the Cosmic Service which She is to this World — and within it, there abides the condensation of the substance out of which manifestation is composed.

The Activity of the Water Element from the Mighty Neptune flows through that substance and carries continual expanding flow of Life and Its ever-changing manifestation to again blaze, and containing within It certain Activities of the Fire Element, produces the substance out of which your emotional bodies are composed.

The Element of the Air, again containing certain Activities of the Sacred Fire from the Great Central Sun, provides an expanding, Life-giving force through the other two Elements, through the atomic structure, and through the atmosphere of Earth, to carry into the mind, the Inspiration and the Ideas from the Directing Intelligence of the Great Central Sun.

And then the Element of the Fire, which the Mighty Helios and those Beings from the Physical Sun direct to this World, that again interpenetrating all the other Elements, provides the conditions by which all Elements are kept in Perfect Balance, each one giving of its own special Activities into the Inner Bodies of mankind embodied here.

As the Individualized Flame from the Great Central Sun, from the "Mighty I AM Presence" of each Life Stream, is clothed in the substance of these four Elements, the individual becomes a focus of the Consciousness, the Directing Intelligence, the Life, and the Activity of Free Will that produces manifestation that

creates Systems of Worlds. And the special Service which it is My Privilege to give, not only is concerned with the Fire Breath from the Great Central Sun that is the pulsation of expansion through the atmosphere of Earth, and through the bodies of those who come into embodiment in this World, but My Service of the Element of the Air carries the Inspiration from both the Higher Mental Body and from the Ascended Host, into the outer intellectual consciousness of individuals. It is the conveyor of the Great, Magnificent Plan of Creation — the thoughts, the pictures, the Divine Plan's Almighty Perfection that continually pours Its Ideas into the outer intellect of mankind.

The Element of the Air is the expanding pulsation, and is governed by the Physical Sun and the Great Central Sun through the individual in the outer self. The Higher Mental Body of the individual governs the release of Its Own Heart Flame into the outer self, through the Heart; but the Element of the Air forms the atmosphere both within and around the physical body that ever carries Its Radiance into outer, physical conditions.

The Inner Light that is given to the mankind in this System of Worlds, that radiates through the atmosphere of the Earth, *that* is an enfolding, tempered action of Life, balanced and governed in Its Intensity by that which is required by those embodied here.

The Radiation of the Light from the Higher Mental Body into the outer self, through the Unfed Flame in the Heart, is the expansion through the electrons of the body, of the Heart Flame, the Intelligence of Life, to expand and pour forth Its Radiance into outer conditions in which the Element of the Air is also pouring and expanding Light.

So when you understand the Inner and outer action of these two Activities of Light, try to feel they are still the One Great Fire Breath of Life from the Great Central Sun, the Physical Sun, each one's "I AM Presence," that holds Its Balancing Activity in whatever intensity is required for the outer self to use It to produce manifestation and to hold that manifestation in controlled action — and it is the giving of Life into those manifestations for which you call in the physical octave that fulfill your desires, fulfill the Divine Plan, and forever expand the Magnificent Blessings of the

Universe into manifestation here.

I trust I may give you a Secret tonight if you care to experiment with It, and that is to help energize your bodies by the Fire Breath in the atmosphere of Earth. Whenever you are depleted in energy, it is because the nerves of the body and the cells of the body are not filled with the Light that radiates forth from this Great Fire Breath. And that is why mankind does not live — if the individual's body does not breathe, it does not live.

So, the Fire Breath of the Almighty Life from the Great Central Sun, poured forth through the atmosphere of Earth, is required by the “Mighty I AM Presence” of each Life Stream to enable embodiment in this World to come into existence and act to fulfill the Great Divine Plan.

If you care to experiment with this when you seem tired or exhausted, and will just go out in the fresh air, alone, and be quiet, and then with Love to your “Presence,” and Love to the Beings of the Element of Air, use your three breaths that the Mighty Saint Germain gave to you, and as you draw that breath in, remind the intellect and command the feeling to feel the Fire Breath of the Almighty Life in the Great Central Sun, and then demand It manifest Invincible, Eternal Strength of Life, Life's Perfection from the Great Central Sun, into the physical body, and then through that into the atmosphere about you.

If you fill yourselves with this Great Fire Breath of the Almighty Life in the Great Central Sun, which your “Mighty I AM Presence” is, and as you draw this into yourselves, you ask that Its Sacred Fire Presence give you all that your “Beloved I AM Presence” requires in the outer self to do through you that which always produces perfect manifestation.

You can rest yourselves. You can re-energize yourselves. You can have transcendent Healing. You can have Purification. And you can have the Mighty Inspiration of the Ascended Masters' Illuminating Consciousness, as you ASK THE FIRE BREATH OF THE “MIGHTY I AM PRESENCE” IN THE GREAT CENTRAL SUN, TO DRAW INTO YOU THE ASCENDED MASTERS' ILLUMINATING INTELLIGENCE AND COMPREHENDING CONSCIOUSNESS THAT FILLS THE OUTER

MIND WITH ITS PERFECTION, AND FORBIDS
EXISTENCE IN THE OUTER MIND OF THE CONFUSION
OF MANKIND'S SUGGESTION.



Your own atmosphere, and I mean by that the radiance around the physical body for at least three feet in every direction, and farther if you so desire it — if you desire that radiance to go forth farther, CALL TO YOUR “BELOVED I AM PRESENCE” AND TO ME, AND THOSE BEINGS OF THE AIR ELEMENT, TO KEEP THE ATMOSPHERE ABOUT YOU INVINCIBLY, ETERNALLY PURE, AND FILL YOU WITH THE STRENGTH OF THE FIRE BREATH OF THE ALMIGHTY PERFECTION OF LIFE IN THE GREAT CENTRAL SUN.



So when the outer self struggles, stop the pull of the outer world! Go by yourselves for just a moment, and if you only take three breaths, go through your breathing exercises just once on each one, qualifying the breath as you take it in, as the Fire Breath of the Almighty Perfection of Life, of the “Mighty I AM Presence” from the Great Central Sun. Ask It to fill you with Itself, and your “Beloved I AM Presence” take command of It and do that which will fill you with Its Greater Perfection and Blessing.



So, Blessed Ones, try to remember that *the Element of the Air is part of the Great Fulfillment of the Divine Plan in physical embodiment. It is part of your Ascension. It is part of the Ascension of the Earth. And it is the Pathway of Light and the Radiation of Light into the mind and into the feeling, that enables the Higher Mental Body to have complete Dominion in the physical world of manifestation.*

So, Blessed Ones, We have many, many, many Gifts to give you. We've only mentioned a few, but One that I am sure will bring you so much Joy, is that *the Element of the Air carries the "I AM" Miracle Music of the Spheres in the Ascended Masters' Octave. It carries the Ascended Masters' Consciousness to mankind embodied here. And It carries many, many, many Activities of Light into the atmosphere of Earth* that mankind may comprehend if they will let Its Light come into the mind, and the "Beloved I AM Presence" teach the outer self that which it needs to know in order to understand the Universe around it, and to cooperate with Its Great Divine Plan that holds Perfect Balance in all things forever.



CALL FOR THE FIRE BREATH OF THE ALMIGHTY MASTERY OF THE "BELOVED I AM PRESENCE" IN THE GREAT CENTRAL SUN TO BLAZE IN AND AROUND YOU ITS ALMIGHTY INSPIRATION, AND CLOTHE YOU WITH THE MANIFESTATIONS OF ITS MIRACLES AND VICTORIES AND PERFECTION, and dwell within that, and demand Peace ever abide in you and your world, and you will not know again the strain nor the struggle through which you have passed.



May you understand this tonight, and call Its Boundless Blessings in and around yourselves; then ask that Its Illuminating Power come into the minds of mankind, minds of individuals, and let the mass mind of mankind be filled with the Light and the Fire Breath of the "Almighty I AM Presence" that takes mankind forward to Freedom, because It is the Purity and the Perfection of the Ascended Masters' Divine Plan that ever draws Life on and up into Its Eternal Freedom in the Ascension.

